

The mission of the Family Enrichment Society (FES) is to promote family values and the harmonious development of the relationship between the spouses and among parents, children and other components of the family unit.

FES was founded in 1998 by a group of concerned parents who share the common goal of enhancing the state of society by educating the society's core unit which is the family. FES is a non-profit, private initiative that has been officially registered with the Registry of Societies on 3 April 1998 with Registration No. R05309/97 WEL.

For more information email contactus@fes.org.sg

ABOUT FEP

The FEP has been successfully run for tens of thousands of couples in Spain, Italy, United State of America, Brazil, Glasgow, Sweden, Mexico and Nigeria. It is one of the programs offered by the European Institute of Educational Science (EIES) and brought into Singapore by Family Enrichment Society (FES).

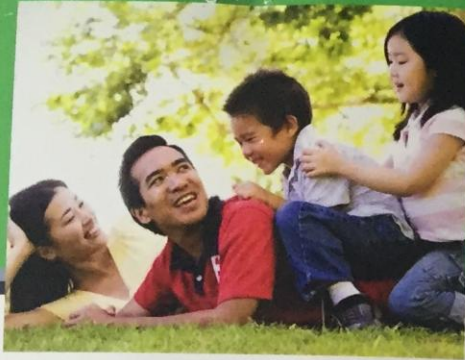
The program is targeted at parents and educators handling children from birth to 12 years of age. It is designed to form parents as primary educators of their children. Its main objective is the personal improvement of children through the development of the will.

This is a flexible, modular program. Each 3-month long module entails reading books written by pedagogical and educational experts on topics covering new educational techniques and formulating Action Plans. Parents can elect to do any or all of the modules without any specific sequence to the modules.

FAMILY EDUCATION PROGRAM (FEP)

For parents of children 2.5 to 12 years



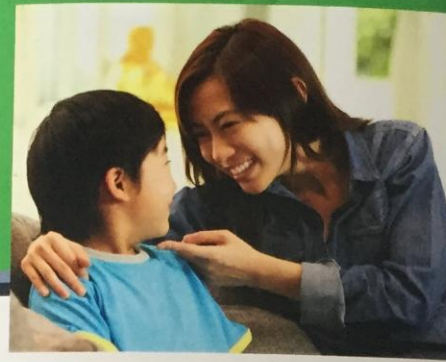


MODULE 1: TRAINING THE WILL

In a world where naming any behaviour right and wrong is archaic and politically incorrect, do you want your child to own your family values? And to do so with full freedom, even into adulthood? If you are keen on virtues education, this module is for you.

The only program of its kind in Singapore. It will increase your awareness of the sensitive periods, the 3 levels of motivation of children towards acquiring virtues, and training of your child's will towards freely making choices that bring them happiness. Participants will be trained to be conscious of the elements of educating children well, an example of which is being pre-emptive: to form good habits early on, eg. orderliness and generosity.

Most importantly, you will carry out personalized action plans with each child, such that you will see the teaching points take shape in the behaviour of the child. An advisor is always a call or sms away to hold your hand as much as needed, so that these action plans yield the desired results.

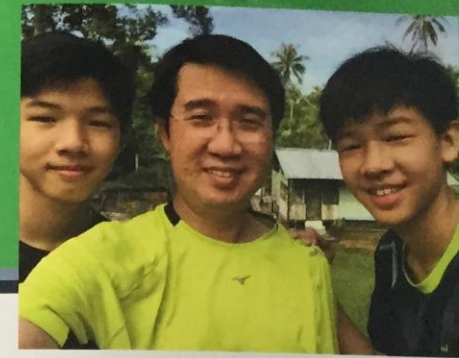


MODULE 2: HOW TO TALK SO KIDS WILL LISTEN AND LISTEN SO KIDS WILL TALK

In a noisy world, do you fight to get your child to listen and obey when you speak? Want to correct your child's behaviour while still maintaining a close loving relationship? If communication is a challenge and you want to turn it into your strength, this module is for you.

Learn innovative ways to cope with your child's negative feelings, to express your anger without being hurtful, to set firm limits and still maintain goodwill, to use alternatives to punishment, to resolve family conflicts easily and to use alternatives to 'No'.

The 'How to Talk' module prepares parents to communicate powerfully and effectively. You will carry out action plans with each of the techniques learnt, and personally witness the effects in your children. At group meetings, you will share and learn the action plans of the other parents. By the end of the module, the skills become almost second nature, due to the methodologies used in all FEP modules.



MODULE 3: PARENTING LEADERSHIP

In a confused world, do you see your young child entering her teen years secure and happy? Want him to be resilient against peer pressure? For fathers: would you like to mould key aspects of your child's character, that only you - not your wife - can?

If you want to lead your child, as a couple, into being a self-assured, happy and mature adult, this module covers three critical aspects of parenting:

- a. Preparing for Adolescence
- b. Preparing for Peer Pressure
- c. Successful Fatherhood

The 'Parenting Leadership' module guides parents to take action against future challenges, while their children are still young. As with the other modules, couples carry out action plans on their children - now - with a view to managing adolescence and social pressures. This module provides a boost to remind fathers of their subtle yet powerful role in raising children with the X factors known as leadership qualities, spirit of service and a grounded wisdom.